



September 30 - October 1, 2021
6:30 AM - 10:30 AM



FVCC Arts & Technology Building - Room 139
777 Grandview Drive

Your photo ID and health
plan card are required at
check-in

Register online for your screening!

*Flu shots will be available during the WellCheck!
If you are attending for a flu shot only, there is no need to pre-register.*

1. Go to: my.itstartswithme.com
2. **Returning users** - Enter username and password, then select **Login**
First time users - Select **Create My Account**
3. Use the company code: **MUS2021**

Registration closes at 4:00 PM the day before the screening

Pre-registration is required. Walk-ins will not be allowed.
Please be prepared to follow the masking requirements of the location where you attend.

This health screening is for employees, spouses, retirees, and dependents (18 years and older) participating in the MUS Health Plan.

Attendees must be at least 18 and not on Medicare/Medicaid.

What is included in your screening?

- **Complete Blood Count (CBC)** • Measures white/red blood cells, platelets, blood components
- **Comprehensive Metabolic Panel (CMP)** • Measures glucose, electrolytes, kidney/liver function, etc.
- **COVID-19 Ab** •
- **Iron** • Evaluates the level of iron in the blood
- **Lipid Panel** • Total Cholesterol, HDL, LDL, Triglycerides
- **Prostate Specific Antigen (PSA)** • For males meeting age criteria
- **Thyroid Stimulating Hormone (TSH)** • Screens for hyperthyroidism and hypothyroidism
- **Vitamin D** • measures Vitamin D level in blood
- **Blood Pressure & other Vital Signs**
- **Body Composition and Body Mass Index (BMI)**

For fall WellCheck, MUS is offering the following optional tests at no cost.

Tests must be added during registration, they are not automatically included

COVID-19 Antibody • Qualitative detection of IgG antibody to COVID-19

Vitamin D • evaluates if you have a vitamin D deficiency